

## Active & Assisted Living (AAL) Programme



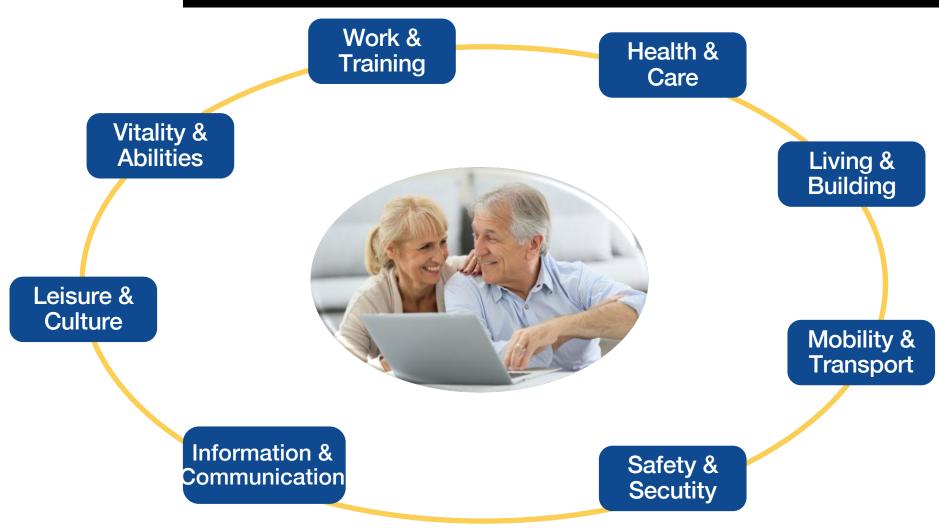
'Ageing Well in a Digital Europe'

Quality of life

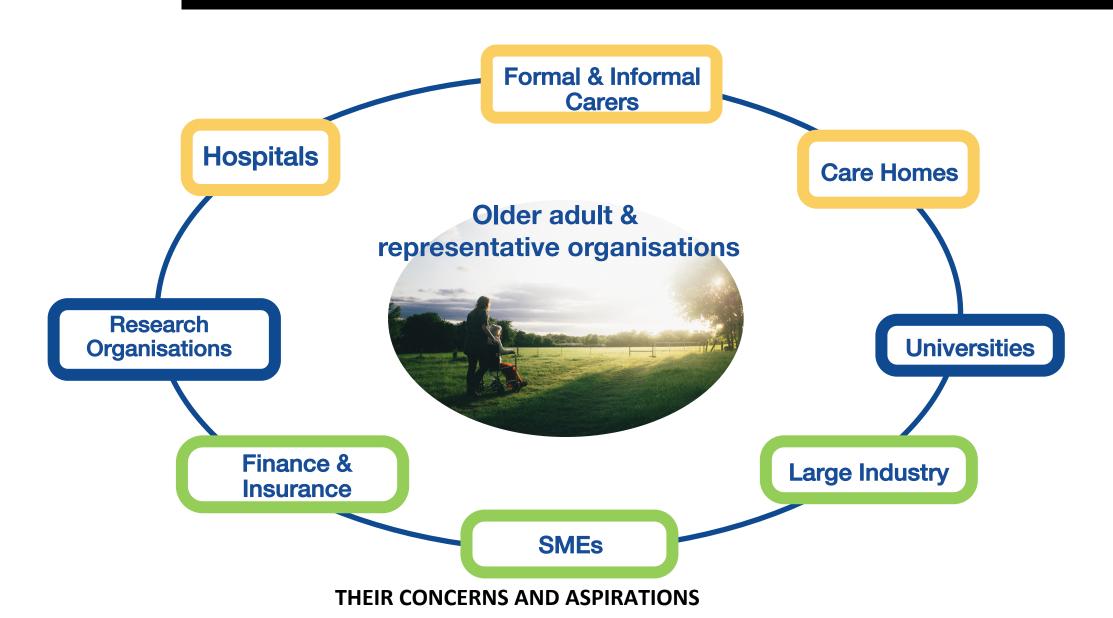
Sustainability of health & care systems

European AgeTech sector

# From Assisted to Active LIVING – Quality Care and Healthy Ageing



### Main actors in the AAL Programme





#### Available AAL Solutions supporting older adults to cope with the consequences of the Coronavirus outbreak

**Preventing social isolation** through online communication



Komps



Caru Home



Yooom



Link-Ages



**Connected Care** 

Supporting carers to help older adults stay safe and healthy at home



**Neolinks** 



Life-Manager



**Tinybots** 



CogvisAl



DomoCare



For more info: http://www.aal-europe.eu/supporting-older-people-during-the-pandemic-and-beyond

# 2PCS: retaining mobility



"Our basic idea was to provide more freedom through safety," explains Felix Piazolo

The 2PCS system is an alerting and locating system designed for older adults living at home, assisted living facilities, nursing homes, rehabilitation clinics, and hospitals.

## TESSA: helping with routine tasks



TESSA offers support at home and in care homes with reminders and prompts about medication, when to eat or preparing for appointments, routine guidance on tasks, provides social stimulation, learns common behaviours and monitors deviations.

## Measuring Empowerment in AAL Programme

Impact	Indicator
category	
Feeling safe	Number of end-users using an AAL solution that is intended to promote a feeling of safety and self-confidence
Participation in social life	Number of end-users using an AAL solution that is intended to increase/maintain interaction with other people
Active life-style	Number of end-users using an AAL solution that is intended to improve/maintain an active lifestyle (physical or non-physical)
Supporting informal carers	Number of end-users using an AAL solution that provides informal carers support. This includes  Older adults Informal carers Formal carers

## Opportunities in the 2020s

#### A New Narrative on Ageing



#### **Focus on Eco-Systems**



#### **Intelligent Technologies**

- 5G
- Artificial Intelligence
- Blockchain
- Internet of Things
- Fog Computing
- Wearables
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